

## **What does a Sozo session look like?**

A sozo session is usually framed with the Father Ladder and/or the Five Doors Tools. A session may also contain elements of other Sozo tools including the Wall, Presenting Jesus, Generational Patterns and Divine Editing.

### **What is the Father Ladder?**

- Our understanding of Father God, Holy Spirit and Jesus often correlates knowingly or unknowingly with our early experiences with Dad, Mom and Siblings/Friends.
- We forgive our parents and siblings/friends for ways they were not able to model God's characteristics to us as children. We break agreement with lies we've consciously or unconsciously believed about God. This frees our heart to commune with the God-Head based on the Truth of His Character.
- Father God is the One who protects, provides and calls out identity.
- Holy Spirit is the comforter, nurturer and teacher.
- Jesus is our companion; He communicates perfectly with our hearts and listens well.

### **What are the Five Doors?**

- Sin can enter Biblically through any of the following "doors"; Hatred, Sexual Sin, Occult, Thievery and Fear.
- These doors may have generational roots, cultural expressions and/or may be temptations the Sozoe has yielded to in varying degrees.
- By forgiving those who contributed to the open door and then renouncing that God is the same way, the door can be closed and sealed with the Blood of Jesus.
- Truth can then be spoken by the Lord to the Sozoe. God will have an "exchange" far greater than the old door!

### **Why do we clap during a Sozo?**

- In taking down a Wall (self-defense mechanism) or closing a Door, the ministry team and Sozoe may join in one solid clap of the hands.
- Japanese Christian brain scientist Aiko Horman discovered that the sound of a clap breaks the arch of brain wave connection between spirit and mind, thus disengaging a lie.
- When the lie is gone, we take time to listen for what God has in exchange for the Sozoe. The Truths the Lord gives in exchange for old patterns are always glorious and freeing.